

CURRICULUM VITAE

Name: Jason W. Siefferman, MD
Position: Medical Director, Interdisciplinary Pain Rehabilitation Program
 Director, Interventional Pain Management
 VA NY Harbor Healthcare System

Site Director, NYU Pain Medicine Fellowship
 Clinical Assistant Professor, NYU School of Medicine

Medical Director, Manhattan Pain Medicine, PLLC

Employment

07/28/2013 – Present Physician, Veteran's Affairs New York Harbor Healthcare System, New York, NY
 12/10/2013 – Present Medical Director, Manhattan Pain Medicine, PLLC, New York, NY

Academic Appointments

09/2013 – Present Clinical Assistant Professor, New York University School of Medicine, Dept. of Anesthesiology, Division of Pain Medicine

Education and Training

08/1999 – 05/2003 Illinois Wesleyan University, Bloomington, IL: B.A. / B. A. (Biology/Music)
 09/2001 – 06/2002 University of Sussex, Brighton, England: Study Abroad
 09/2003 – 06/2007 Rush Medical College, Chicago, IL: M.D.
 07/2007 – 06/2008 Internship, Dept. of Medicine, Rush University Medical Center, Chicago, IL
 09/2008 – 06/2009 Research Fellow, Dept. of Rehabilitation Medicine, Mount Sinai School of Medicine, New York, NY
 07/2009 – 06/2012 Residency in Physical Medicine and Rehabilitation, Dept. of Rehabilitation Medicine, Mount Sinai School of Medicine, New York, NY
 07/2012 – 06/2013 Fellowship in Interventional Pain Management, Dept. of Anesthesiology, Mount Sinai School of Medicine, New York, NY

Licensure and Certification

06/2007 – Present Basic Life Support (BLS)
 06/2007 – Present Advanced Cardiac Life Support (ACLS)
 09/2008 – Present New York State Medical License
 08/2012 ABPMR Part I Exam (96.5th percentile rank)
 06/2013 ABPMR Part II Exam (93.3rd percentile rank)
 07/2013 DEA Registration and buprenorphine/naloxone waiver
 07/01/2013 Diplomate, American Board of Physical Medicine and Rehabilitation
 09/07/2013 ABA Pain Medicine Board Exam (99th percentile rank)
 09/07/2013 Subspecialty Certification in Pain Medicine, ABPMR
 06/10/2014 NY Workers' Compensation Board Authorization 250539-4B, CPMR, CPMR-PM

Professional Activities

09/2009 – 6/2012 Regional Managing Editor, *Rehab in Review*
 11/2012 – Present Editorial Review Board, *Clinical Nursing Studies*

1/9/2015 - Present Peer Reviewer, *Clinical Correlations*

Administrative Leadership Positions

2004 – 2007 Steering Committee, ‘R. U. Caring’ Interdisciplinary Community Service Project
 2004 – 2007 Steering Committee, Rush University Health Educators
 06/2010 – 08/2011 Elected representative, Mount Sinai Housestaff Council
 06/2010 – 06/2012 Resident representative, Mount Sinai Graduate Medical Education Consortium
 06/2010 – 06/2013 Resident representative, Mount Sinai GME Internal Review Committee
 08/2010 – 08/2011 **Chair**, Resources Subcommittee of Mount Sinai Housestaff Council
 08/2010 – 07/2013 Resident representative, Mount Sinai Housing Committee
 04/2011 – 04/2012 Resident Liaison to Program Committee, Association of Academic Psychiatrists
 04/2012 – 04/2012 Program Committee, Association of Academic Psychiatrists
 06/2012 – 06/2013 Research and Scholarly Activity Coordinator, New York Society of PM&R
 07/2013 – Present **Medical Director**, Interdisciplinary Pain Rehabilitation Program, VA NY Harbor
 09/2013 – Present Site Director, NYU Pain Medicine Fellowship, Dept. of Anesthesiology

Honors and Awards

06/2004 Rush University Dean’s Office Summer Research Fellow Grant recipient
 12/2007 Medical student teaching award, Rush University Dept. Of Medicine
 12/2008 John P. Clay Research Fellowship in Rehabilitation Medicine
 10/2009 Research Travel Award, Mount Sinai School of Medicine
 03/2011 Research Travel Award, Mount Sinai School of Medicine
 10/2012 “Best Poster” award, NYSIPP/NJSIPP Pain Medicine Symposium
 06/2013 Outstanding Fellow award, Dept. of Anesthesiology, Mount Sinai School of Medicine

Continuing Education

02/2009 Association of Academic Psychiatrists Annual Meeting, Colorado Springs, CO
 10/2009 American Academy of PM&R Annual Assembly, Austin, TX
 04/24/2010 Musculoskeletal Ultrasound workshop, New York Society of PM&R
 11/20/2010 Musculoskeletal Ultrasound workshop, Mount Sinai School of Medicine
 03/2011 American Academy of Pain Medicine Annual Meeting, National Harbor, MD
 04/2011 Association of Academic Psychiatrists Annual Meeting, Phoenix, AZ
 09/2011 University Healthsystems Consortium, Chicago, IL
 11/2011 American Academy of PM&R Annual Assembly, Orlando, FL
 10/2012 NYSIPP/NJSIPP Pain Medicine Symposium, Jersey City, NY
 12/2012 North American Neuromodulation Society Meeting, Las Vegas, NV
 04/2013 American Academy of Pain Medicine Annual Meeting, Ft. Lauderdale, FL
 05/2013 American Pain Society Annual Meeting, New Orleans, LA
 02/2014 American Academy of Pain Medicine Annual Meeting, Phoenix, AZ

Professional Memberships

2008 – 2012 Association of Academic Psychiatrists (AAP)
 2009 – 2012 American Academy of Physical Medicine and Rehabilitation (AAPM&R)
 2010 – 2012 New York Society of Physical Medicine and Rehabilitation (NYSPMR)
 2010 – Present Medical Society of the State of New York (MSSNY)
 2011 – 2014 American Academy of Pain Medicine (AAPM)

2011 – 2014 North American Spine Society (NASS)
 2012 – 2014 North American Neuromodulation Society (NANS)
 2013 – Present American Chronic Pain Association (ACPA)

Research Projects

09/2008 – 09/2009 “Feldenkrais Scapular Manipulation for Reduction of Spasticity Post-Stroke”
 Mount Sinai School of Medicine, Preeti Raghavan, PI
 Role: Designed study, IRB approval, ran protocol, data analysis, results presentation

01/2009 – 09/2009 “Upper Extremity Pain in Pianists”
 Mount Sinai School of Medicine, Preeti Raghavan, PI
 Role: Designed study, IRB approval, ran protocol, data analysis

04/2011 – 07/2011 “Patient Handoff to Acute Rehabilitation”
 Mount Sinai School of Medicine, Jason Siefferman, PI
 Role: Designed QI study, ran protocol, data analysis, results presentation

10/2013 – Present “Pain and Rate of Relapse in Opioid-dependent Patients on Replacement Therapy”
 VA NY Harbor Healthcare System, Jason Siefferman, PI
 Role: Designed QI study, ran protocol, data analysis

10/2014 – Present “Efficacy of Feldenkrais and Hypnotherapy for chronic pain”
 VA NY Harbor Healthcare System, Jason Siefferman, PI
 Role: Designed QI study, ran protocol, data analysis

Invited Presentations

05/05/2009 “Reduction of Spasticity and Spastic Co-contraction Post-Stroke via Activation of Scapular Stabilizers.” Grand Rounds, Dept. of Rehabilitation Medicine, Mount Sinai School of Medicine, New York, NY

05/22/2012 “Patient Handoffs in Rehabilitation Medicine.” Grand Rounds, Dept. of Rehabilitation Medicine, Mount Sinai School of Medicine, New York, NY

06/06/2012 “Patient Safety: Handoffs in Rehabilitation Medicine.” Lecture, New York Society of Physical Medicine and Rehabilitation, Hospital for Special Surgery, New York, NY

10/20/2012 “Occipital Neuralgia after Hair Transplantation: A Case Report.” Poster award presentation, NYSIPP/NJSIPP Pain Medicine Symposium, Jersey City, NY

10/31/2013 “Rehabilitation of Chronic Low Back Pain.” Department of Anesthesiology, Division of Pain Medicine, NYU School of Medicine

1/22/2014 “Neuropathic Pain.” Department of Neurology, NYU School of Medicine

2/24-25/2015 “Pain Management for Primary Care”, Faculty Development Program, Dept. of Internal Medicine, NYU School of Medicine

4/14/2015 “Anatomy and Physiology of Nociception.” Department of Rehabilitation Medicine, NYU School of Medicine

10/29/2015 “Pain Management in the Older Adult.” *NICHE* interdisciplinary Geriatrics program, NYU School of Medicine

3/24/2016 “Pain Management in the Older Adult.” *NICHE* interdisciplinary Geriatrics program, NYU School of Medicine

Publications

Peer-Reviewed Journals

1. **Siefferman JW**, Lin E, and Fine JS. Patient safety at handoff in rehabilitation medicine. *Rehab Clin N Amer*, A Cristian, ed. 23:2, 2012
2. **Siefferman JW**. Postamputation pain in the geriatric population. *Topics in Pain Mgmt.* 29:7, 2013
3. **Siefferman JW**. Treatment of postamputation pain in the geriatric population. *Topics in Pain Mgmt.* 29:8, 2013
4. **Siefferman J**, Khelemsky Y. Occipital neuralgia after hair transplantation and its treatment. *Case Rep Neurol Med.* 2015:428413
5. **Siefferman JW**, Lai G. Propranolol for paroxysmal sympathetic hyperactivity with lateralizing hyperhidrosis after stroke. *Case Rep Neurol Med.* 2015:421563
6. Kiritsy M, **Siefferman JW**. When do lumbar epidural steroid injections help? A systematic review: Part 1. *Topics in Pain Mgmt.* 31:8, March 2016
7. Kiritsy M, **Siefferman JW**. When do lumbar epidural steroid injections help? A systematic review: Part 2. *Topics in Pain Mgmt.* 31:9, April 2016

Peer-Reviewed Book Chapters

1. **Siefferman JW** and Sabini R. Brain Injury. In Sackheim K, ed. *Rehab Clinical Pocket Guide*. New York: Springer; 2013.
2. **Siefferman JW**, Sahler C, Shetreat-Klein A. Spinal Cord Injury. In Sackheim K, ed. *Rehab Clinical Pocket Guide*. New York: Springer; 2013.
3. Lin E, **Siefferman JW**, and Ho J. Electrodiagnostic Studies. In Sackheim K, ed. *Rehab Clinical Pocket Guide*. New York: Springer; 2013.
4. **Siefferman JW**. Post-Amputation Pain. In Sackheim K, ed. *Pain Management and Palliative Care*. New York: Springer; 2015

Book Chapters under review

1. **Siefferman JW**. Doping, Drug Abuse, and Therapeutic Drug Use in Boxing. In: Jordan BD and Herrera JE, eds. *Medical Aspects of Boxing*. 2nd ed. New York: Humana Press

Abstracts at Scientific and Professional Meetings

1. **Siefferman J**, Li E, and Raghavan P. "Feldenkrais Scapular Manipulation for Reduction of Spasticity Post-Stroke." American Academy of Physical Medicine & Rehabilitation, Austin, TX, 10/24/2009
2. Sabini R, **Siefferman J**, and Raghavan P. "Cranial Osteopathy for Post-Stroke Spasticity and Motor Control." International Brain Injury Association, Washington, D. C., 03/13/2010
3. Beatty N, Gilliar W, **Siefferman J**, and Raghavan P. "Osteopathic Shoulder Manipulation for Chronic Stroke Patients with Upper Extremity Spasticity." Association of Academic Physiatrists, Bonita Springs, FL, 04/09/2010
4. Bhat A, Reid ES, **Siefferman J**, Weisz D, and Raghavan P. "Dynamic Spinal Segmental Organization in Pianists with Overuse Injury." Society for Neuroscience, San Diego, CA, 11/14/2010
5. Reid ES, Bhat A, **Siefferman J**, Weisz D, and Raghavan P. "Scapular Instability and Overuse Injury in Pianists." Society for Neuroscience, San Diego, CA, 11/14/2010
6. **Siefferman J**, Mogilevsky M, and Rim F. "Lipoma-Associated Neuropathic Pain: A Report of Two Cases." American Academy of Pain Medicine, National Harbor, MD, 03/25/2011

7. Parikh S and **Siefferman J**. “Propranolol for Unilateral Dysautonomia after Hemispheric Stroke: A Case Report.” Association of Academic Physiatrists, Phoenix, AZ, 04/15/2011
8. **Siefferman J**, Lin E, and Ambrose A. “Improving Patient Handoff for Acute Rehabilitation Admission.” University HealthSystem Consortium, Chicago, IL, 09/22/2011
9. Lin E, **Siefferman J**, and Greenwald B. “Systemic Hypersensitivity Reaction to Oral Phenytoin: A Case Report.” American Academy of Physical Medicine & Rehabilitation, Orlando, FL, 11/17/2011
10. **Siefferman J** and Sheth P. “Painless Knee Clicking Due To A Cyamella (Popliteus Muscle Sesamoid Bone): A Case Report.” American Academy of Pain Medicine, Palm Springs, CA 02/23/2011
11. Baxi N and **Siefferman J**. “Anticoagulant Bridging for Deep Vein Thrombosis in Neurologically Impaired Patients with Preexisting Inferior Vena Cava Filters: A Case Report and Review of the Literature.” Association of Academic Physiatrists, Las Vegas, NV, 02/28/2012
12. **Siefferman JW** and Khelemsky Y. “Occipital Neuralgia after Hair Transplantation: A Case Report.” NYSIPP and NJSIPP Pain Management Symposium, Jersey City, NY, 10/19/2012
13. Serban S, Kurdali B, and **Siefferman JW**. “Spinal Cord Stimulator Lead Placement via Sacral Hiatus in the Treatment of Post-Radiation Proctitis.” North American Neuromodulation Society, Las Vegas, NV, 12/08/2012
14. Chang R, Sanghavi MR, Tanden R, and **Siefferman J**. “Complex regional pain syndrome due to carpal tunnel syndrome: A case report and review of the literature.” American Pain Society, New Orleans, LA, 5/11/13
15. Troy D, Arora J, and **Siefferman J**. “Addressing attention deficits in the treatment of chronic pain: a systematic review.” American Pain Society, Tampa, FL, 5/1/14
16. Yaguda B and **Siefferman J**. “Stellate Ganglion Pulsed Radiofrequency Neuromodulation for Raynaud's Phenomenon in a Patient with Scleroderma.” American Academy of Pain Medicine, National Harbor, MD, 3/19-22/15
17. Khan A and **Siefferman J**. “L5 Dorsal Root Ganglion Pulsed Radiofrequency for Treatment of Leg Pain from CRPS.” North American Neuromodulation Society, Las Vegas, NV, 12/10-13/2014
18. Kiritsy M, Kucera T, **Siefferman JW**. “Spinal Cord Stimulation for Intractable Testicular Pain.” North American Neuromodulation Society, Las Vegas, NV, 12/10-13/2015

Other Activities

7/2008 – 07/2010

Baritone, Khorikos Choir, New York, NY, <http://www.khorikos.com>

11/2008 – 09/2014

Chapel Singer, St. Paul's Chapel of Trinity Church Wall Street, New York, NY