

CURRICULUM VITAE

Name: Jason W. Siefferman, MD

Position: Medical Director, Manhattan Pain Medicine, PLLC

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Employment

12/10/2013 – Present Medical Director, Manhattan Pain Medicine, PLLC, New York, NY

01/01/2024 – Present Managing Member, Stellate Billing, LLC

07/28/2013 – 5/1/2024 Veteran's Affairs New York Harbor Healthcare System, New York, NY
Attending physician, Interventional Pain Management (6/18/18 – 5/1/2024)
Director, Interventional Pain Management (7/28/13 – 6/18/18)
Medical Director, Interdisciplinary Pain Rehabilitation Program (7/28/13 – 6/18/18)

Consultancy

04/11/2014 – Present Consultant, 2nd.MD

04/18/2016 – Present Key Opinion Leader, Magellan Rx Management

11/01/2016 – 9/01/2019 Clinical Peer Reviewer, CID Management

06/07/2018 – 9/01/2019 Clinical Reviewer, R3 Continuum

Academic Appointments

09/2013 – 5/1/2025 Clinical Assistant Professor, New York University School of Medicine, Dept. of Anesthesiology, Division of Pain Medicine

Hospital Affiliation

04/20/2022 – Present Attending Medical Staff, Lenox Hill Hospital, Dept. of Medicine/Physical Medicine

Education and Training

08/1999 – 05/2003 Illinois Wesleyan University, Bloomington, IL: B.A. / B. A. (Biology/Music)

09/2001 – 06/2002 University of Sussex, Brighton, England: Study Abroad

09/2003 – 06/2007 Rush Medical College, Chicago, IL: M.D.

07/2007 – 06/2008 Internship, Dept. of Medicine, Rush University Medical Center, Chicago, IL

09/2008 – 06/2009 Research Fellow, Dept. of Rehabilitation Medicine, Mount Sinai School of Medicine, New York, NY

07/2009 – 06/2012 Residency in Physical Medicine and Rehabilitation, Dept. of Rehabilitation Medicine, Mount Sinai School of Medicine, New York, NY

07/2012 – 06/2013 Fellowship in Interventional Pain Management, Dept. of Anesthesiology, Mount Sinai School of Medicine, New York, NY

Licensure and Certification

06/2007 – Present Basic Life Support (BLS)

06/2007 – Present	Advanced Cardiac Life Support (ACLS)
09/2008 – Present	New York State Medical License
08/2012	ABPMR Part I Exam (96.5 th percentile rank)
06/2013	ABPMR Part II Exam (93.3 rd percentile rank)
07/2013	DEA Registration and buprenorphine/naloxone waiver
07/01/2013	Diplomate, American Board of Physical Medicine and Rehabilitation
09/07/2013	ABA Pain Medicine Board Exam (99 th percentile rank)
09/07/2013	Subspecialty Certification in Pain Medicine, ABPMR
06/10/2014	NY Workers' Compensation Board Authorization 250539-4B, CPMR, CPMR-PM
10/01/2022	Headache Medicine, United Council for Neurologic Subspecialties

Professional Activities

09/2009 – 6/2012	Regional Managing Editor, <i>Rehab in Review</i>
11/2012 – Present	Editorial Review Board, <i>Clinical Nursing Studies</i>
01/09/2015 - Present	Peer Reviewer, <i>Clinical Correlations</i>
10/24/2016 – Present	Peer Reviewer, Austrian Science Fund (FWF)
11/01/2016 – Present	Peer Reviewer, British Journal of Medicine and Medical Research
04/20/2021 – Present	Peer Reviewer, Pain Reports
06/28/2021 – Present	Peer Reviewer, Pain Medicine
04/02/2025 – Present	Peer Reviewer, Journal of Oral & Facial Pain and Headache

Administrative Leadership Positions

2004 – 2007	Steering Committee, 'R. U. Caring' Interdisciplinary Community Service Project
2004 – 2007	Steering Committee, Rush University Health Educators
06/2010 – 08/2011	Elected representative, Mount Sinai Housestaff Council
06/2010 – 06/2012	Resident representative, Mount Sinai Graduate Medical Education Consortium
06/2010 – 06/2013	Resident representative, Mount Sinai GME Internal Review Committee
08/2010 – 08/2011	Chair, Resources Subcommittee of Mount Sinai Housestaff Council
08/2010 – 07/2013	Resident representative, Mount Sinai Housing Committee
04/2011 – 04/2012	Resident Liaison to Program Committee, Association of Academic Physiatrists
04/2012 – 04/2012	Program Committee, Association of Academic Physiatrists
06/2012 – 06/2013	Research and Scholarly Activity Coordinator, New York Society of PM&R
07/2013 – 06/2018	Medical Director, Interdisciplinary Pain Rehabilitation Program, VA NY Harbor
09/2013 – 06/2018	Site Director , NYU Pain Medicine Fellowship, Dept. of Anesthesiology

Honors and Awards

06/2004	Rush University Dean's Office Summer Research Fellow Grant recipient
12/2007	Medical student teaching award, Rush University Dept. Of Medicine
12/2008	John P. Clay Research Fellowship in Rehabilitation Medicine
10/2009	Research Travel Award, Mount Sinai School of Medicine
03/2011	Research Travel Award, Mount Sinai School of Medicine
10/2012	"Best Poster" award, NYSIPP/NJSIPP Pain Medicine Symposium
06/2013	Outstanding Fellow award, Dept. of Anesthesiology, Mount Sinai School of Medicine
01/2019	Super Doctors Rising Star

Continuing Education

02/2009	Association of Academic Physiatrists Annual Meeting, Colorado Springs, CO
10/2009	American Academy of PM&R Annual Assembly, Austin, TX
04/24/2010	Musculoskeletal Ultrasound workshop, New York Society of PM&R
11/20/2010	Musculoskeletal Ultrasound workshop, Mount Sinai School of Medicine
03/2011	American Academy of Pain Medicine Annual Meeting, National Harbor, MD
04/2011	Association of Academic Physiatrists Annual Meeting, Phoenix, AZ
09/2011	University Healthsystems Consortium, Chicago, IL
11/2011	American Academy of PM&R Annual Assembly, Orlando, FL
10/2012	NYSIPP/NJSIPP Pain Medicine Symposium, Jersey City, NY
12/2012	North American Neuromodulation Society Meeting, Las Vegas, NV
04/2013	American Academy of Pain Medicine Annual Meeting, Ft. Lauderdale, FL
05/2013	American Pain Society Annual Meeting, New Orleans, LA
02/2014	American Academy of Pain Medicine Annual Meeting, Phoenix, AZ
10/01/2016	SAFE Opioid Prescribing, New York Pain Society
02/24/2017	Concussion Across the Spectrum, NYU
10/26/2017	American Congress of Rehabilitation Medicine, Atlanta, GA
07/10/2019	American Headache Society, Philadelphia, PA
11/1/2019	ASIPP Course: Endoscopic rhizotomy and discectomy, Memphis, TN
11/21/2019	American Headache Society, Scottsdale, AZ
01/23/2020	North American Neuromodulation Society, Las Vegas, NV
06/2021	American Headache Society, Virtual
11/4/2021	NY & NY Pain Medicine Symposium, Jersey City, NJ

Professional Memberships

2008	Association of Academic Physiatrists (AAP)
2009	American Academy of Physical Medicine and Rehabilitation (AAPM&R)
2010	New York Society of Physical Medicine and Rehabilitation (NYSPMR)
2010	Medical Society of the State of New York (MSSNY)
2011	American Academy of Pain Medicine (AAPM)
2011	North American Spine Society (NASS)
2012	North American Neuromodulation Society (NANS)
2013	American Chronic Pain Association (ACPA)
2016	New York Pain Society
2019	American Society of Interventional Pain Physicians
2019	American Headache Society

Research Projects

09/2008 – 09/2009	“Feldenkrais Scapular Manipulation for Reduction of Spasticity Post-Stroke” Mount Sinai School of Medicine, Preeti Raghavan, PI Role: Designed study, IRB approval, ran protocol, data analysis, results presentation
01/2009 – 09/2009	“Upper Extremity Pain in Pianists” Mount Sinai School of Medicine, Preeti Raghavan, PI Role: Designed study, IRB approval, ran protocol, data analysis
04/2011 – 07/2011	“Patient Handoff to Acute Rehabilitation” Mount Sinai School of Medicine, Jason Siefferman, PI

10/2013 – 10/2015	Role: Designed QI study, ran protocol, data analysis, results presentation “Pain and Rate of Relapse in Opioid-dependent Patients on Replacement Therapy” VA NY Harbor Healthcare System, Jason Siefferman, PI
10/2014 – Present	Role: Designed QI study, ran protocol, data analysis “Efficacy of Feldenkrais and Hypnotherapy for chronic pain” VA NY Harbor Healthcare System, Jason Siefferman, PI Role: Designed QI study, ran protocol, data analysis

Invited Presentations

05/05/2009	“Reduction of Spasticity and Spastic Co-contraction Post-Stroke via Activation of Scapular Stabilizers.” Grand Rounds, Dept. of Rehabilitation Medicine, Mount Sinai School of Medicine, New York, NY
05/22/2012	“Patient Handoffs in Rehabilitation Medicine.” Grand Rounds, Dept. of Rehabilitation Medicine, Mount Sinai School of Medicine, New York, NY
06/06/2012	“Patient Safety: Handoffs in Rehabilitation Medicine.” Lecture, New York Society of Physical Medicine and Rehabilitation, Hospital for Special Surgery, New York, NY
10/20/2012	“Occipital Neuralgia after Hair Transplantation: A Case Report.” Poster award presentation, NYSIPP/NJSIPP Pain Medicine Symposium, Jersey City, NY
10/31/2013	“Rehabilitation of Chronic Low Back Pain.” Department of Anesthesiology, Division of Pain Medicine, NYU School of Medicine
1/22/2014	“Neuropathic Pain.” Department of Neurology, NYU School of Medicine
2/24-25/2015	“Pain Management for Primary Care”, Faculty Development Program, Dept. of Internal Medicine, NYU School of Medicine
4/14/2015	“Anatomy and Physiology of Nociception.” Department of Rehabilitation Medicine, NYU School of Medicine
10/29/2015	“Pain Management in the Older Adult.” <i>NICHE</i> interdisciplinary Geriatrics program, NYU School of Medicine
3/24/2016	“Pain Management in the Older Adult.” <i>NICHE</i> interdisciplinary Geriatrics program, NYU School of Medicine
5/4/2017	“Interventional Pain Management in Palliative Care.” Grand Rounds, division of Geriatric Medicine and Palliative Care, NYU School of Medicine.
10/26/2017	“Innovative Solutions for Pain Rehabilitation.” American Congress of Rehabilitation Medicine, Atlanta, GA
3/31/2020	“Anatomy and Physiology of Nociception.” and “Medical Management of Pain.” Department of Rehabilitation Medicine, NYU School of Medicine
6/5/2021	“Interventional Approaches to Headache with Associated Neck Pain” American Headache Society Annual Meeting
9/15/2021	“Pelvic Pain – Diagnosis and Treatment” Beyond Basics In-service

Publications

Peer-Reviewed Journals

1. **Siefferman JW**, Lin E, and Fine JS. Patient safety at handoff in rehabilitation medicine. *Rehab Clin N Amer*, A Cristian, ed. 23:2, 2012
2. **Siefferman JW**. Postamputation pain in the geriatric population. *Topics in Pain Mgmt*. 29:7, 2013

3. **Siefferman JW**. Treatment of postamputation pain in the geriatric population. *Topics in Pain Mgmt.* 29:8, 2013
4. **Siefferman J**, Khelemsky Y. Occipital neuralgia after hair transplantation and its treatment. *Case Rep Neurol Med.* 2015:428413
5. **Siefferman JW**, Lai G. Propranolol for paroxysmal sympathetic hyperactivity with lateralizing hyperhidrosis after stroke. *Case Rep Neurol Med.* 2015:421563
6. Kiritsy M, **Siefferman JW**. When do lumbar epidural steroid injections help? A systematic review: Part 1. *Topics in Pain Mgmt.* 31:8, March 2016
7. Kiritsy M, **Siefferman JW**. When do lumbar epidural steroid injections help? A systematic review: Part 2. *Topics in Pain Mgmt.* 31:9, April 2016
8. Kiritsy M, **Siefferman JW**. Spinal Cord Stimulation for Intractable Testicular Pain: Case Report and Review of the Literature. *Neuromodulation.* August 15, 2016
9. Lee, H; Maddalo, S; **Siefferman, J**. Pulsed radiofrequency for left infraorbital neuralgia with significant relief for 10 months' duration. *Pain medicine.* 2019 Conference:(35th):612-613
10. Pico, M; Badri, M; Michalak, N; Siefferman, JW. Systemic allergic reaction to galcanezumab (emgality): a case report. *Cephalalgia.* 2024 Jan;44(1)
11. Banks, D; Michalak, N; Kane, L; Siefferman, JW. Bertolotti syndrome presenting as pudendal neuralgia: a case report. *Journal of Endometriosis and Pelvic Pain Disorders.* 2024;0(0)
12. Michalak, N; Banks, D; Kane, L; Siefferman, J. Dextrose Prolotherapy for the Treatment of Chronic Shoulder Pain in Patients With Joint Hypermobility: A Case Series. *Clinical Medicine Insights: Arthritis and Musculoskeletal Disorders.* 2024 Volume 17: 1–4

Peer-Reviewed Book Chapters

1. **Siefferman JW** and Sabini R. Brain Injury. In Sackheim K, ed. *Rehab Clinical Pocket Guide*. New York: Springer; 2013.
2. **Siefferman JW**, Sahler C, Shetreat-Klein A. Spinal Cord Injury. In Sackheim K, ed. *Rehab Clinical Pocket Guide*. New York: Springer; 2013.
3. Lin E, **Siefferman JW**, and Ho J. Electrodiagnostic Studies. In Sackheim K, ed. *Rehab Clinical Pocket Guide*. New York: Springer; 2013.
4. **Siefferman JW**. Post-Amputation Pain. In Sackheim K, ed. *Pain Management and Palliative Care*. New York: Springer; 2015

Abstracts at Scientific and Professional Meetings

1. **Siefferman J**, Li E, and Raghavan P. “Feldenkrais Scapular Manipulation for Reduction of Spasticity Post-Stroke.” American Academy of Physical Medicine & Rehabilitation, Austin, TX, 10/24/2009
2. Sabini R, **Siefferman J**, and Raghavan P. “Cranial Osteopathy for Post-Stroke Spasticity and Motor Control.” International Brain Injury Association, Washington, D. C., 03/13/2010
3. Beatty N, Gilliar W, **Siefferman J**, and Raghavan P. “Osteopathic Shoulder Manipulation for Chronic Stroke Patients with Upper Extremity Spasticity.” Association of Academic Physiatrists, Bonita Springs, FL, 04/09/2010
4. Bhat A, Reid ES, **Siefferman J**, Weisz D, and Raghavan P. “Dynamic Spinal Segmental Organization in Pianists with Overuse Injury.” Society for Neuroscience, San Diego, CA, 11/14/2010
5. Reid ES, Bhat A, **Siefferman J**, Weisz D, and Raghavan P. “Scapular Instability and Overuse Injury in Pianists.” Society for Neuroscience, San Diego, CA, 11/14/2010

6. **Siefferman J**, Mogilevsky M, and Rim F. "Lipoma-Associated Neuropathic Pain: A Report of Two Cases." American Academy of Pain Medicine, National Harbor, MD, 03/25/2011
7. Parikh S and **Siefferman J**. "Propranolol for Unilateral Dysautonomia after Hemispheric Stroke: A Case Report." Association of Academic Physiatrists, Phoenix, AZ, 04/15/2011
8. **Siefferman J**, Lin E, and Ambrose A. "Improving Patient Handoff for Acute Rehabilitation Admission." University HealthSystem Consortium, Chicago, IL, 09/22/2011
9. Lin E, **Siefferman J**, and Greenwald B. "Systemic Hypersensitivity Reaction to Oral Phenytoin: A Case Report." American Academy of Physical Medicine & Rehabilitation, Orlando, FL, 11/17/2011
10. **Siefferman J** and Sheth P. "Painless Knee Clicking Due To A Cyamella (Popliteus Muscle Sesamoid Bone): A Case Report." American Academy of Pain Medicine, Palm Springs, CA 02/23/2011
11. Baxi N and **Siefferman J**. "Anticoagulant Bridging for Deep Vein Thrombosis in Neurologically Impaired Patients with Preexisting Inferior Vena Cava Filters: A Case Report and Review of the Literature." Association of Academic Physiatrists, Las Vegas, NV, 02/28/2012
12. **Siefferman JW** and Khelemsky Y. "Occipital Neuralgia after Hair Transplantation: A Case Report." NYSIPP and NJSIPP Pain Management Symposium, Jersey City, NY, 10/19/2012
13. Serban S, Kurdali B, and **Siefferman JW**. "Spinal Cord Stimulator Lead Placement via Sacral Hiatus in the Treatment of Post-Radiation Proctitis." North American Neuromodulation Society, Las Vegas, NV, 12/08/2012
14. Chang R, Sanghavi MR, Tanden R, and **Siefferman J**. "Complex regional pain syndrome due to carpal tunnel syndrome: A case report and review of the literature." American Pain Society, New Orleans, LA, 5/11/13
15. Troy D, Arora J, and **Siefferman J**. "Addressing attention deficits in the treatment of chronic pain: a systematic review." American Pain Society, Tampa, FL, 5/1/14
16. Khan A and **Siefferman J**. "L5 Dorsal Root Ganglion Pulsed Radiofrequency for Treatment of Leg Pain from CRPS." North American Neuromodulation Society, Las Vegas, NV, 12/10-13/2014
17. Yaguda B and **Siefferman J**. "Stellate Ganglion Pulsed Radiofrequency Neuromodulation for Raynaud's Phenomenon in a Patient with Scleroderma." American Academy of Pain Medicine, National Harbor, MD, 3/19-22/15
18. Kiritsy M, Kucera T, **Siefferman JW**. "Spinal Cord Stimulation for Intractable Testicular Pain." North American Neuromodulation Society, Las Vegas, NV, 12/10-13/2015
19. Zhang S, **Siefferman JW**, Bernstein S. "Pulsed Radiofrequency Neuromodulation of the Stellate Ganglion for Ventricular Tachycardia Storm." North American Neuromodulation Society, Las Vegas, NV, 1/11/2018
20. Seko K, Xue D, **Siefferman JW**. "Prolotherapy, An Effective Conservative Treatment for Chronic Rotator Cuff Tendinopathy." American Academy of Physical Medicine & Rehabilitation, Orlando, FL, 10/25-28/2018
21. Lee H, Maddalo S, **Siefferman J**. "Pulsed Radiofrequency for Left Infraorbital Neuralgia with Significant Relief for 10 months Duration." American Academy of Pain Medicine, Denver, CO, 3/6-10/2019
22. Belford Z, Flamm M, **Siefferman JW**. "Epidural Lipomatosis, An Uncommon Cause of Common Low Back Pain: A Case Report." American Academy of Physical Medicine & Rehabilitation, San Antonio, TX, 11/14-17/2019
23. Hui J, Belford Z, **Siefferman J**. "Spinal Cord Stimulation as an effective treatment for multifactorial pain related to neurofibromatosis and schwannomatosis." North American Neuromodulation Society, Las Vegas, NV, 1/23-26/2020

24. **Siefferman J.** “Peripheral nerve stimulation with Sprint PNS for failed back syndrome.” PNS Leadership Forum, 3/12/2020
25. Punekar I, **Siefferman J.** “Stellate Ganglion Neuromodulation for Treatment of Severe Refractory Post-Traumatic Stress Disorder.” NY & NJ Pain Medicine Symposium, 11/4/2021
26. Punekar I, **Siefferman J.** “Improvement in symptoms of PTSD after Stellate Ganglion Neuromodulation: Insights into Mechanisms and Targets of Sympathetic Regulation.” INS 15th World Congress, Barcelona, Spain, 5/21-28/22.
27. Michalak, N; Banks, D; Kane, L; Siefferman, JW. “Dextrose prolotherapy for the treatment of chronic shoulder pain in patients with joint hypermobility: a case series.”NY&NJ Pain Medicine Congress, Jersey City, NJ. 11/2-5/2023.
28. Banks, D; Michalak, N; Kane, L; Siefferman, JW. “A Unique Case of Genital Pain in Bertolotti Syndrome” AAP, Orlando, FL, 2/20-24/24.
29. Banks, D; Michalak, N; Safroshkina, M; Siefferman, J. “Hyaluronidase Epidural Steroid Injections for Refractory Failed Back Surgery Syndrome: A Case Report” Eastern Pain Assoc., NY, NY 2024.

Other Activities

07/2008 – 07/2010	Baritone, Khorikos Choir, New York, NY, http://www.khorikos.com
11/2008 – 09/2014	Chapel Singer, St. Paul’s Chapel of Trinity Church Wall Street, New York, NY