



Pelvic Pain Intake Questionnaire

Please **Name** and **Describe** each different pain in chronological order of appearance

1. _____
2. _____
3. _____
4. _____

For each of these pains, do they feel superficial (skin level) or deep internal? (circle)

Superficial: 1 2 3 4 **Deep:** 1 2 3 4 **Both:** 1 2 3 4

Trauma - Has there been any physical trauma to the area? (Describe):

Were any of the above pains associated with the trauma? (circle) 1 2 3 4

Viscera - Is there any abnormality in Bowel/Bladder function or other internal organ(s)?

Hormones - Is there any cyclical variation in any of the pain(s) (i.e. w/ menstruation)? 1 2 3 4

Nerve Involvement - Do you feel altered sensation, burning, itching, pins/needles? 1 2 3 4

Sensitization - Hypersensitivity: intolerance of light touch, heat/cold, pressure? 1 2 3 4

Does this extend into either leg? Yes / No

Autoimmune - Do you have any autoimmune conditions? Anyone in your family?



Mechanics - Which activities trigger which pain?

Sitting	1	2	3	4
Standing	1	2	3	4
Walking	1	2	3	4
Stairs	1	2	3	4
Travel	1	2	3	4

Sleeping	1	2	3	4
Sidelying	1	2	3	4
Toileting	1	2	3	4
Intercourse	1	2	3	4
Orgasm	1	2	3	4

Medications - How has each medication affected each pain?

[illegible]



Procedures - How has each procedure affected each pain?

<u>Procedure</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>

Pain Diary:
Template for Tracking Responses

List Each Symptom	Medication 1	Diagnostic Block 1	PT	Medication 2	Diagnostic Block 2...
1					
2					
3					
4					